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To whom it may concern,

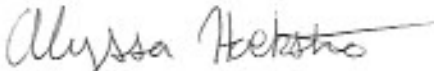
I am pleased to write this letter of recommendation on behalf of Lorraine Murphy. I first met Lorraine during my internship as an art therapy and counseling graduate student at Bergen County's Department of Family Guidance in September of 2013. Lorraine served as my supervisor throughout the 11 month duration of my internship experience and continues to serve as my supervisor for my work as a new art therapy professional.

Lorraine has extensive knowledge regarding art therapy methods and practices; and shows passion and dedication to her clients, students, and colleagues. Lorraine has always been open to challenging herself to further develop the field of art therapy. This can be seen in her decision to become an adjunct professor at Saint Thomas Aquinas College. Through workshops, research articles, and networking in the field of art therapy, Lorraine is better able to provide me and her other students with guidance. She has a natural ability to guide, support, and challenge her students to help them reach their full potential.

During my internship with Lorraine, I worked in the Venture Program, which was a therapeutic school environment for children and adolescents with psychiatric diagnoses. She showed me how important it is to be patient when working with this population. I remember her guiding me to reevaluate my expectations for measurable change. I learned from Lorraine to celebrate the small, but important successes. I was able to appreciate when clients improved their impulse control and frustration tolerance by working with different art materials. She has also helped me to look inward and become more aware of countertransference in my therapeutic work. One aspect that stands out is when Lorraine incorporated the art therapy process and art making into our supervision sessions during my internship. This was done through a reflective art piece over the course of our 11 months together. It served as an introspective way to process countertransference and my overall experience as an intern.

Lorraine has been a crucial influence on my development from student to a new art therapy and counseling professional. She has made my supervision experience enjoyable and educational. Lorraine is flexible and uses technology to provide supervisory sessions to meet my needs as a new working professional. She challenges me and uses her natural curiosity to help me dive deeper into client's artwork with their developmental, social, and familial influences in mind. Lorraine then guides me with recommendations and options regarding art directives and materials that would be most conducive to the client's needs. With over 15 years of clinical experience including work in her private practice, Safe Haven Arts, Lorraine is able to provide her students with the best possible supervision for the development of a successful new professional.

Sincerely,


Alyssa Hoekstra, LAC